

My Mexican Stem Cell Adventure

By Robert Genetski

Part 6: Final Installment: Three Years Later

It has now been three years since I decided to try stem cell therapy for my damaged knees. I have updated my progress on previous installments. These updates are all on my website <http://www.classicalprinciples.com/healthcare.html> (scroll down for the details of my condition and my road to recovery).

In January, 2018, I had been experiencing serious knee pain. X-rays showed severe bone over on bone in my left knee, torn meniscus and no cartilage. The right knee had bone touching bone and no cartilage. My orthopedic surgeon said the only solution was knee replacements. When I asked about stem cells, he said there was no way to regrow bone and cartilage.

After reading about the successful use of stem cells, I interviewed Dr. Victor Ocegueda Garcia, who is associated with Premedica in Cabo San Jose, Mexico. At that time Dr. Victor had been successfully using stem cells therapy for knee, back and shoulder repair for the past decade. He told me he was certain the therapy would work for my right knee and put the odds of complete restoration of the left knee at 80%-90%.

Before agreeing to treatment, I asked for and received references. I talked to three of Dr. Victor's former patients who convinced me he was able to bring about seemingly miraculous cures.

It worked. A year ago, X-rays of both of my knees show they are "structurally perfect". The meniscus has completely healed, the lower and upper bones are realigned and there is plenty of cartilage.

At age 78, I am completely pain free. This past year I was able to walk up and down ravines while playing golf at my 9-mile-long golf course. I am forever grateful for Dr. Victor for his wonderful treatment.

While my adventure is now over, it will begin for my wife who suffers from asthma. Dr. Victor will be treating her lungs with stem cells. A friend of ours has already undergone the same treatment and says it has completely changed his life.